



Start Fresh This New Year Join Our Recovery Group Starting January 18!

Beginning Saturday, January 18, we will hold a
weekly 12-step meeting
at the Counseling Center on **Saturdays from 2pm-3pm.**

In the first month, we will focus on Step 1 as an opportunity for anyone new to recovery interested in learning about the 12 Steps and how they can enhance the recovery process.

The Father Mychal Judge Center for Counseling and Recovery serves the spiritual needs of those struggling with all forms of addiction. The Center offers individual and group counseling by trained and experienced clinicians and supports individuals in 12-step programs working on their 4th and 5th steps.



Please contact Anthony Andreottola, LMHC/LADC1
for more details: **781-526-3679**

St. Anthony Shrine
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